

Empowering Independence

June 10, 2021

CLW DHILS - SPECIAL EDITION (VOLUME 38)

Governor Baker's COVID-19 Updates

THE STATE OF EMERGENCY WILL END JUNE 15, 2021

Market Basket – Mobile Vaccination Clinics

June 10th–12th (Thursday, Friday and Saturday)

Vaccine clinics will be at **Market Basket** in: **Chelsea, Fall River, Lawrence, Lynn, Revere.**

Get a vaccine at *Market Basket* and get a \$25 Market Basket Gift Card.

All individuals 12 and older who live, work or study in Massachusetts can get a vaccine.



Mass vaccination sites will close:

- *Gillette Stadium*: June 14
- *Hynes Convention Center*: June 22
- *Natick Mall*: June 23
- *Reggie Lewis Center*: June 27
- *Doubletree in Danvers*: June 30
- *Eastfield Mall in Springfield*: July 6
- *Former Circuit City in Dartmouth*: July 13



All dates may change!

You can still walk-in for an appointment at any of these sites.

Find out days/hours open here: <https://vaxfinder.mass.gov/>

Press Conferences

Visit: <https://www.mass.gov/governor-updates>

For Statewide Assistance

Call 888-215-4920

Visit: <https://masssupport.org/>



COVID-19 Vaccine Resources

Check out TLC's website: <https://www.tlcdeaf.org/covid-19-vaccine-education-initiative>

Sign up for email alerts [here](#).

NEW Visual Communication Card:

[Download](#) and print out this card, or show it on your phone to make sure you have language access at vaccine clinics.



USDA Approves State Plan for Summer P-EBT

Did your K-12 student get P-EBT this school year?

They will get a total of **\$375** in P-EBT benefits in **2** payments:

- 1st payment: **July 1** — **\$187.50**
- 2nd payment: **August 1** — **\$187.50**



***NOTE:** Students who graduated in 2020 or moved out of Massachusetts will NOT get P-EBT benefits this summer.*

Does your family get SNAP and did you get P-EBT this year for children ages 0—6?

They will get a total of **\$375** in P-EBT benefits in **2** payments:

- 1st payment: **July 25** — **\$187.50**
- 2nd payment: **August 25** — **\$187.50**

Find out more here:

<https://www.map-ebt.org/> or <https://www.mass.gov/info-details/pandemic-ebt-p-ebt>

MORE Safe Family Activities

- 1) **Paint your windows:** use window or whiteboard markers. Draw a spring scene. *[TEST FIRST to make sure the markers wipe off easily!]*



- 2) **Mail someone a card or a picture you draw.** Everyone loves to get mail!

- 3) **Play ball.** Shoot some hoops, play catch, or kick around a soccer ball with your family.



Staff Update

It is with sadness that we share that Joy Spurlin, Assistant Manager/Deaf Skills Trainer has left CLW after almost 13 years working with us. Her last day was May 28th. She is relocating to her home state of Georgia to be with her family. She will be missed by DHILS and CLW as a whole.

We want to thank Joy for her excellent dedication to providing empathetic and compassionate support, guidance and advocacy services to her consumers! Our DHILS team already misses her warm, humorous and team-player spirit.

We wish Joy the best with her move to Georgia. This is not good bye, but instead...*see you later!* Lucky for us, even though we'll be states away from each other, we can stay closely connected via technology!



WorkWithoutLimits™
— PUTTING ABILITIES TO WORK —

**Register for this
FREE Upcoming Learning Opportunity!**

2-part Overview: Public Benefits & Work

For Employment Specialists and Case Managers
who provide Employment Services and Supports to
Individuals who are Deaf or Hard of Hearing

PART 1: The Basics of SSI and SSDI

Tuesday, June 22, 2021 from 1:00-3:00 pm

Learn about the differences between Supplemental Security Income (SSI) and Social Security Disability Insurance (SSDI) including eligibility requirements.

PART 2: SSI and SSDI Work Incentives

Thursday, June 24, 2021 from 1:00-3:00 pm

Learn about SSI and SSDI Work Incentive programs that assist individuals to return to work or increase earnings from work.

Register to attend

Please note:

- Registration is required. When registering, you are committing to attend both sessions.
- ASL and CART have been reserved. When registering, you will be asked to indicate if you require these services.
- There is no cost to attend.

**Click [here](#)
to register!**

New! **Romance Scams VLOG**

Looking for love? Be cautious of who you meet on the internet.

Alert! Is it a catfish? The priority = you and your mental health -- check in with your family and friends if you feel suspicious of someone online.

WATCH ON:

Facebook: <https://www.facebook.com/watch/?v=1132319310622449>

Instagram: <https://www.instagram.com/p/CptKgTWAxEn/>

YouTube: https://youtu.be/D_BtowkC4kE

ID + TRANSCRIPT: <http://bit.ly/CatfishIDT>

Video produced by the amazing team with Massachusetts Commission for the Deaf and Hard of Hearing!



New VLOG: **What is Sexual Violence?**

Want to know if you, your friends or family are experiencing Sexual Violence? Watch the ASL vlog about what SV means and where to go for help.

#DomesticViolence #Deaf #ASL #DVASL

WATCH HERE: <https://fb.watch/5-cwL3r4Oi/>

TRANSCRIPT: <https://docs.google.com/document/d/1wOkG-8Qr4oDqdGAskO-nBzRvXFes7-kQE5U8E4c2TwM/edit?usp=sharing>



MCDHH **Graduation to Certification Pilot Mentorship Program**

MCDHH has been testing a new mentorship program: **Graduation to Certification (GTC)**. This program includes: ASL interpreter mentorship, deaf mentorship and supervised work experience.

Introductory VLOG: [https://fb.watch/5URFgAB3D_ /](https://fb.watch/5URFgAB3D_/)

Transcript: https://docs.google.com/document/d/1td5SsF22cEB5Tz_BD_n-DDwjCD4XPmtV8gEIvekVIws/edit

Graduation to Certification Pilot Mentorship Program

Terry Malcolm, MCDHH



Hearing and understanding Are Not the Same

Dr. Sarah Sparks talks about the myth that if a Deaf or hard of hearing person hears something that means they understand it.

Read the article—or watch the VLOG—[here](#).



Young Leaders Rising (YLR)

Are you a Massachusetts student (aged 14–22) with *any* type of disability?

Apply **by June 30th** to join a **FREE 12-week series** to learn about:

- Job opportunities
- Career readiness
- Social networks
- Interview skills
- Available resources



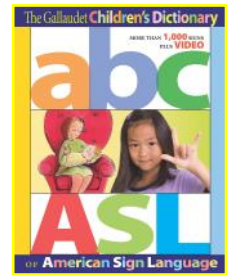
Hosted by *Partners for Youth with Disabilities* and *Massachusetts Rehabilitation Commission (MRC)*.

Contact Kristin Humphrey at: khumphrey@pyd.org

Free Resource!

Gallaudet Children's Dictionary of American Sign Language has been extended indefinitely.

Visit <http://www.gcdasl.com> to access this free online resource.



New at The Learning Center (TLC)

Newborn Hearing Screening

TLC was recently certified as a Level 2 Department of Public Health (DPH) provider to offer newborn hearing screenings and follow-up testing.

The Audiology Clinic will be able to identify children with hearing loss sooner, and start them on a path to Early Intervention earlier, including access to sign language acquisition.

Interested? Call (508) 875-4559 or email audiology@tlcdeaf.org.

Read more [here](#).



Looking for WooSox Tickets?

<https://www.milb.com/worcester>







Hurricane Season Has Started!


The Atlantic Hurricane Season is: June 1st - November 30th. Be prepared!

HURRICANE PREPAREDNESS

Be Ready Before the Storm


Hurricanes and tropical storms can impact the entire Commonwealth, not just coastal regions

 <p>Use MEMA's interactive map to find out if you live or work in a hurricane evacuation zone</p>	<p>Know Your Zone</p>	<p>Make a Plan</p>	<p>Have a predetermined emergency plan tailored to your family's needs</p> 
 <p>Build an emergency kit that can sustain you and your family for 3-5 days</p>	<p>Build a Kit</p>	<p>Stay Informed</p>	<p>As a storm approaches, closely monitor media reports and promptly follow instructions from public safety officials</p> 



Visit mass.gov/mema for more
hurricane preparedness resources

Source: Massachusetts Emergency Management Agency (MEMA)



WARNING: Grandchild in Jail Scams

Here's *what to know* and *what to do* so you do not fall victim

<p style="background-color: black; color: white; text-align: center; padding: 5px;">What they do...</p> <p style="background-color: yellow; padding: 5px;">They'll pretend to be:</p> <ul style="list-style-type: none"> - A police officer - A friend of your grandchild/niece/nephew - A Bail Bondsman <p style="background-color: yellow; padding: 5px;">They'll use high-pressure tactics saying...</p> <p style="padding-left: 20px;">"If you don't pay right now, they'll have no chance at getting out of jail"</p> <p style="padding-left: 20px;">"Don't hang up because you might not be able to call me back"</p> <p style="background-color: yellow; padding: 5px;">Coerce you to pay over the phone with...</p> <ul style="list-style-type: none"> - Gift cards (various) - Wire money order 	<p style="background-color: black; color: white; text-align: center; padding: 5px;">What you should do...</p> <ul style="list-style-type: none"> - Hang Up! - Call your local police department - They may try to persistently call you...don't answer and don't give any of your information! - But above all -- <p style="text-align: center; font-weight: bold; padding: 10px;">DON'T GIVE THEM MONEY/GIFT CARD OVER THE PHONE!</p>
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TIME TO SCALE BACK

Portion sizes have been growing, so have we. Burgers today are three times bigger than they were in the 1950s, and men are, on average, 28 pounds heavier. At this rate, imagine the size of a burger in 2050! But, we can work together to make healthy living easier. Scale back when eating out by ordering the smaller portion, sharing with a friend, or eating half and taking the rest with you. And, ask the restaurant manager to offer smaller-sized options.



Zoom Guide

Don't know how to use Zoom? Ask CLW DHILS for a guide! Step-by-step instructions and pictures show how to:

- Download the *Zoom* app
- Join/Leave a meeting
- Gallery View vs. Speaker View
- Pin a screen



WANT A COPY? Contact Denise Paro at: dparo@centerlw.org or 508-556-1600 (VP)

NOTE: let us know which one(s) you want! (Computer/Cell Phone/iPad)

HEAT EXHAUSTION

OR

HEAT STROKE

Faint or dizzy



Throbbing headache



Excessive sweating



No sweating

Cool, pale,
clammy skinBody temperature
above 103°
Red, hot, dry skin

Nausea or vomiting



Nausea or vomiting

Rapid, weak pulse



Rapid, strong pulse



Muscle cramps

May lose
consciousness

- Get to a cooler, air conditioned place
- Drink water if fully conscious
- Take a cool shower or use cold compresses

CALL 9-1-1

- Take immediate action to cool the person until help arrives

mjflynn



Weather.gov/socialmedia
Weather.gov/heat



@SacramentoOES
SacramentoReady.org

COVID-19 Resources/Data

We will add more sites as needed.

Vaccine Information	https://www.mass.gov/covid-19-vaccine
Vaccine Appointments	https://vaxfinder.mass.gov/
Vaccine Appointments for 75+	www.mass.gov/info-details/covid-19-vaccinations-for-people-ages-75-and-older
COVID-19 Testing	www.mass.gov/covid-19-testing
US COVID-19 Cases and Deaths by State	https://covid.cdc.gov/covid-data-tracker/#cases_casesper100klast7days
COVID-19 Variant in the US	https://www.cdc.gov/coronavirus/2019-ncov/transmission/variant-cases.html
MA COVID-19 town-by-town map	https://www.wcvb.com/article/massachusetts-coronavirus-covid-19-community-spread-risk-map-color-coded/33646711
MA Travel Order	https://www.mass.gov/info-details/covid-19-travel-order#lower-risk-states
MA Response Reporting	https://www.mass.gov/info-details/covid-19-response-reporting
MA <i>Stop the Spread</i>	https://www.mass.gov/info-details/stop-the-spread ASL Version: https://www.facebook.com/massgov/videos/434334580929189/
Re-Opening MA	https://www.mass.gov/info-details/covid-19-updates-and-information#reopening-massachusetts-
Governor Press Conferences	Watch here: https://www.mass.gov/governor-updates Press Releases: https://www.mass.gov/lists/press-releases-related-to-covid-19

NOTE: See separate *SE Resources* page for more information or contact your Skills Trainer with questions.

Questions about this Newsletter?

Need a website address from your printed newsletter? Contact your Skills Trainer!

Joan Philip	<i>DHILS Director</i>	508-762-1165 (VP)
Denise Paro	<i>Administrative Assistant</i>	508-556-1600 (VP)
Ellen Perkins	<i>Hard of Hearing Skills Trainer</i>	508-502-7576 (Voice); 508-762-1354 (VP)
Justina Bailey	<i>Deaf Skills Trainer</i>	508-762-1021 (VP)
Kim White	<i>Staff Interpreter</i>	508-755-1042 x5042; 508-283-1036 (VP)
VACANT	<i>Deaf Skills Trainer (Full-time)</i>	
VACANT	<i>Deaf Skills Trainer (Part-time)</i>	



June 12, 2021
4:00 – 6:00 PM

"Meet and Greet with Jeopardy"

Special guest: Commissioner Sotonwa from MCDHH

See Flier on page 10.



June 12, 2021
12:00 – 4:00 PM



Worcester's Annual Celebration of Cultures of the African Diaspora

<https://blackheritagefestivalworcester.org/this-years-festival/>

June 16, 2021
10:00 AM – 12:00 PM

"What do I need to Know about MassHealth?"

ASL and CDI interpreters and CART provided.

See Flier on page 11.

Parent/Kids Events

June 13, 2021



EVERSOURCE
walk for kids
Virtual

Eversource Walk for Kids to raise money for The Caroline Bass Fund

Supports programs for families of Deaf and Hard of Hearing children not covered by insurance.

Click [here](#) to join the team or donate!

Register with Team "DRL CCE for The Caroline Bass Fund."

June 24, 2021
6:30 – 8:00 PM

Parent Workshop Series with Pauline Menchin

See Flier on page 12.

June 27, 2021
3:00 PM – BBQ Picnic
4:00 PM – Bravehearts game

In-person Family Social event

FREE! Space is limited!

RSVP to Sarah Stone at sarah.stone@mass.gov

Hosted by MA Universal Newborn Hearing Screening Program



Contact Us!

Center for Living & Working, Inc.

Deaf and Hard of Hearing Independent Living Services Department

Videophone: 508-762-1164

Voice/TTY: 508-755-1003

www.CenterLW.org



Like us on Facebook!

CLW: <https://www.facebook.com/CenterForLivingAndWorking>

DHILS Group: <https://www.facebook.com/groups/469192334303776>



CLW's DHILS
Invites you to join us for

Know Your Options: Life Insurance Presented by Kenneth Sorrentino, *Insurance Broker*

Date: Wednesday, July 21st, 2021

Time: 1:00 pm — 2:30 pm

Place: Online via Zoom



LEARN ABOUT LIFE INSURANCE, INCLUDING:

What does it do?

Is there more than one kind?

How do I get it?



ALL CURRENT CONSUMERS WHO RSVP AND STAY FOR THE WHOLE PRESENTATION VIA ZOOM, WILL RECEIVE A WALMART E-GIFT CARD!



ASL Interpreters will be provided! CART Requested!



*For any other Communication Access, please contact us **by July 6 2021.***

Please RSVP so we can send you the Zoom link!

RSVP BY JULY 16TH, 2021

REGISTER ONLINE HERE: <https://forms.gle/hXpafTTz3GfpS45m8>



Questions? Contact Denise Paro

508-762-1164 (VP)

Email: dparo@centerlw.org