

Special Edition - What's Up Newsletter

www.CenterLW.org

COVID-19 UPDATES

NEW ORDERS FROM GOVERNOR BAKER

STAY-AT-HOME ADVISORY

COVID-19 cases and hospitalizations are going up!

Why? Social gatherings and not everyone is following the rules.

How do we stop the numbers from going up? Limit activities that could lead to COVID-19 spread.

Starting Friday, November 6, 2020, all Massachusetts residents should stay home *every night* between 10 PM - 5 AM:

- Only leave to go to work/school, or for essential needs (emergency medical care, grocery store/pharmacy, picking up take-out food, or receiving deliveries.
 - Stay 6 feet away from others.
 - Wear a face mask.
 - Don't touch things often touched by others.
- Don't have people come to your house to visit.
- Use phone or video chat to talk with friends/family.



Watch the Governor's news conference <u>here</u>. (November 2, 2020)

Wear a mask or face covering anytime you go out in public

www.mass.gov/news/mask-up-ma
Read the order here.

FACE MASKS REQUIRED IN PUBLIC PLACES

EVEN IF 6 FEET AWAY FROM OTHERS.

<u>WHO</u>: Everyone *over* age 5 **must** wear a mask/face covering.

WHERE: Public places = ALL places open to the public.

EXCEPTIONS:

- Children under age 5.
- Anyone with a medical reason or disability that prevents them from safely using a mask.

[NOTE: employers and schools are allowed to request proof].

REVISED GATHERING ORDER

HOW MANY PEOPLE CAN BE TOGETHER?

Private:

- Indoor 10 or less
- Outdoor 25 or less



Public:

- Indoor 25 or less
- Outdoor:
 - Low-risk community -100 or less
 - Others 50 or less







Download/read the revised order here.



BUSINESS CLOSING TIME ORDER

Certain businesses must close *by 9:30 PM*, so people can get home by 10:00 PM.

- Business staff are allowed to stay.
- Deliveries can continue.

See full list of businesses and read the order here.

NEW DEFINITION OF "CLOSE CONTACT"

OLD

- You are within 6 feet of an infected person for at least 15 consecutive minutes.
- <u>EX</u>: one 15-minute exposure; from 6:00 PM to 6:15 PM.

<u>NEW</u>



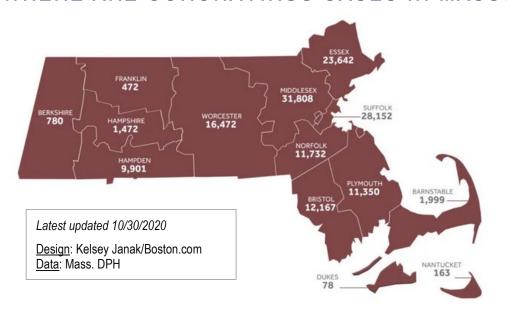
- You are within 6 feet of an infected person for a total of 15 minutes or more BUT in a 24-hour period.
- <u>EX</u>: three 5-minute exposures for a total of 15 minutes;
 9:00 AM 9:05 AM (5 minutes), 6:15 PM 6:20 PM (5 minutes),
 11:25 PM 11:30 PM (5 minutes)

Click here for more information.

Updated "Lower Risk States" Map Click <u>here</u> to view the map larger.



WHERE ARE CORONAVIRUS CASES IN MASS?



151,741 confirmed and probable cases

9,727 related deaths

Map to the left shows where cases are, by county.

Note: locations of 310 cases are currently unknown.

For more information see: www.boston.com/tag/coronavirus

See what's happening in other states - here.

STOP THE SPREAD - EXTENDED TO THE END OF DECEMBER



FREE COVID-19 testing.

Continued testing in: Brockton, Chelsea, Everett, Fall River, Framingham, Holyoke, Lawrence, Lynn, Marlborough, Methuen, New Bedford, Randolph, Revere, Salem, Saugus, Springfield, Winthrop, or Worcester

Sick or not sick - everyone is encouraged to get tested.

Click here for where to go for testing and more information.

Missed the *MSAD Virtual Town Hall* with EOHHS Secretary Sudders?

Check out MSAD's website and FaceBook page for the latest information!





ROMANCE AND DANGEROUS SCAMS VLOG

Watch the ASL VLOG here.

Want to read or see the article?

See attached *Romance Scams* paper.



COVID-19 DAILY DASHBOARD (REVISED)

New information included in the Daily Dashboard includes:

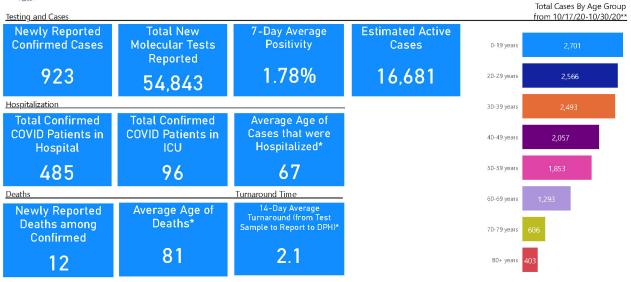
- Total Cases by Age Group
- 14-Day Average Turnaround (time for COVID-19 test results to be reported to DPH)
- The effect of college and university testing

Click here to see the full report (updated every day by 5:00 PM)

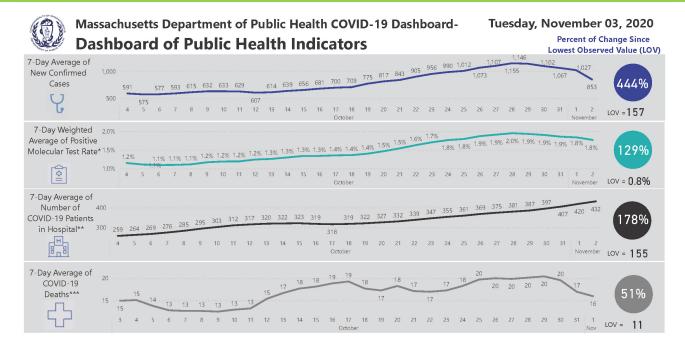


Massachusetts Department of Public Health COVID-19 Dashboard- Tuesday, November 03, 2020

Dashboard of Public Health Indicators



Note: For definitions, please see the Glossary at the end of this document in "Definitions and Disdaimers". Average age of hospitalized cases and deaths are calculated for a two week period covering 10/11/20 to 10/24/20. Please see the most current weekly dashboard for more details https://www.mass.gov/info-details/covid-19-response-reporting *Last updated Wednesday, October 28th; **Last updated Monday, November 2nd



*Calculated from total molecular tests for all of MA; **Includes only confirmed cases of COVID-19; ***Includes deaths in only confirmed cases of COVID-19 Note: LOV = Lowest observed value, i.e. the lowest value the public health indicator has been since tracking started on April 15, 2020. Due to data lags, counts for most recent dates are likely incomplete, and thus

VOTING RESOURCES 2020

YOU VOTED! NOW WHAT?

This year's election is different because of mail in ballots and early voting.

States may be counting the votes for a few days!



LEARN MORE ABOUT THE 2020 ELECTIONS



SignVote: Election 2020 https://signvote.org/



DPAN.TV click <u>here</u>.



Election 2020 in pictures Click here.

MA COVID HOUSING HELP

Are you worried you may become homeless because of missed rent or mortgage payments? There are programs available that can help <u>low-income</u> households in covering both past and future rent and mortgage costs.

Click here to see the video.



WEBINARS & UPCOMING EVENTS



ASL HANGOUT

SATURDAY, NOVEMBER 7, 2020 12:30 PM - 3:00 PM

Red Robin (Shoppes at Blackstone Valley)
70 Worcester Providence Turnpike
Millbury, MA

NOTE: Attendees must buy food/beverage.

Questions?

Robert Kwiatkowski: fetarobert@gmail.com

Kenny Trychon: bettaorange@charter.net

DHILS CONSUMER DEAF CHAT - JOIN US!

TUESDAY, NOVEMBER 10, 2020 1:00 PM - 2:00 PM

Theme: Favorite Holiday Memories (Halloween, Thanksgving, etc.)

RSVP to Denise Paro at: dparo@centerlw.org or 508-556-1600 (VP)

Click <u>here</u> to watch a video about setting up and using Zoom.



DPC'S ANNUAL CELEBRATION OF DISABILITY RIGHTS!



NOVEMBER 16TH, 2020 6:00 PM - 8:00 PM

Celebrate the disability community, and honor those who have gone above and beyond in service to disability rights.

ASL interpreters & CART will be available.

Register here.

RESOURCES

Food



Not enough food/money to buy food? Type in your zip code here for a list of food

banks/pantries near you. Online: DTAConnect.com www.mass.gov/SNAP



Elder Services of Merrimack Valley Food Resource Directory during COVID-19. Click here to go to the site.



COVID-19 Public Resources

Healthcare



Toll-free: 855-781-9898 VP: 339-224-6831 Email: info@myombudsman.org



MassHealth PCA Help Hotline Voice: 1-844-422-6277

MCDHH Services



Deaf Recovery Coaches (M-F) VP: 413-347-4094 Text: 857488.5440

Email: Karran.Larson@mass.gov

MCDHH Case Management (M-F)

> VP: 617-326-7546 Voice: 617-740-1600

Victim Services Program (M-F) Shannon Silvestri

Voice/Text: 857-202-7164 Email: mailto:Shannon.silvestri@mass.gov

Mental Health & Crisis Services



crisistextline.org



kivacenters.org



save.org

National Suicide Prevention Hotline



24/7, confidential

ASL Users Dial 988! (V) 800-273-TALK (8255)

Substance Use Meetings



For NEW meetings or online recovery events, click here to make a request through MCDHH's online system.



Want to be added to the email list? Contact Scott LaSaffre at: scott.lesaffre@mass.gov

Here are some area websites:

- AA Boston: aaboston.org
- AA Western MA: westernmassaa.org
- ma-al-anon-alateen.org
- New England Region of NA: nerna.org







Deaf Domestic Violence Victims ASL Hotline

1-855-812-1001 (Available 24/7) thehotline.org



Our Deaf Survivors Center, Inc. **VP**: 978-451-7225

Text: 978-473-2678

Email: CBodsc414@gmail.com



Pathways for Change Deaf Survivors Program

VP: 508-502-7681 Text: 774-279-2011

Email: sqlover@pathwaysforchange.help

Other



TO APPLY for the 1st time:

Email: LIHEAP@wcac.net

Text: HEAT (English) to 80123

Text: CALOR (Spanish) to 80123



COVID-19 Resources in ASL

Convo Relay

ZOOM GUIDE

CLW DHILS made a guide for using *Zoom*. Step-by-step instructions and pictures show how to:

- Download the Zoom app
- Join/Leave a meeting
- Gallery View vs. Speaker View
- Pin a screen
- ...and more!

WANT A COPY?

Contact Denise Paro:

dparo@centerlw.org or 508-556-1600 (VP)





My Ombudsman is here to help you regarding your MassHealth health plan!

Do you have problems with?

- Your doctor
- Doctor bills
- Medications
- Dentist issues
- Medical equipment (Wheelchair, oxygen machine, machine for • PCA issues diabetes, etc.)
 - No interpreters? No CART?

 - · Something else?
- Medical transportation Ask us!

Contact Lori Siedman, Director of Deaf Services

VP: 339-224-6831

Email: LSiedman@MyOmbudsman.org

Online: www.myombudsman.org



DHILS SPECIAL EDITION NEWSLETTERS - PAST ISSUES

Missed a What's Up or Parents Special Edition Newsletter?

Find all issues here on CLW's website.

Like/Follow CLW on:











ANY QUESTIONS ABOUT THIS NEWSLETTER?

Need a website address from your printed newsletter? Contact your Skills Trainer!

Joan Philip	DHILS Director	508-762-1165 (VP)
VACANT	Deaf Skills Trainer	508-762-1350 (VP)
Denise Paro	Administrative Assistant	508-556-1600 (VP)
Ellen Perkins	Hard of Hearing Skills Trainer	508-502-7576 (Voice); 508-762-1354 (VP)
Joy Spurlin	Assistant Manager/Skills Trainer	508-762-1166 (VP)
Justina Bailey	Deaf Skills Trainer	508-762-1021 (VP)
Kim White	Staff Interpreter	508-755-1042 x5042; 508-283-1036 (VP)

