

Special Edition

Parents Newsletter

Resources for parents and child caregivers

COVID-19 INFORMATION AND RESOURCES



Why is it important to wear masks?

American Society for Deaf Children has an ASL video for children about why it is important to wear face masks.

Click here to watch or copy the link below.

https://deafchildren.org/2020/10/face-masks-deaf-kids-video/

How do face masks muffle speech?

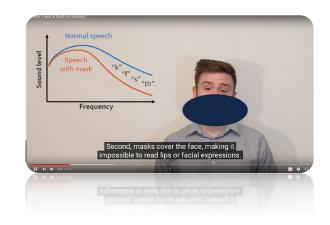
How do face masks affect people wearing hearing aids or cochlear implants?

Watch the *YouTube* video:

https://www.youtube.com/watch?v=4bUp2TosgzE

Read the article:

https://csl.illinois.edu/news/csl-postdoc-researchesspeech-acoustics-face-masks



NASAL FLU SPRAY WARNING

The CDC says **children** with cochlear implants should NOT receive the *nasal flu spray*.

There are other flu vaccine options - talk with your doctor or healthcare provider.

Want more information?

Click here:

https://www.cdc.gov/flu/prevent/nasalspray.htm



DEAFBLIND CENTRAL



A new website (from *Central Michigan University*) has resources for teachers and parents of Deaf and DeafBlind students.

Check out their library of children's stories in ASL. Each story has an:

- ASL video
- Vocabulary video
- Lesson plan

Click here to visit the site.



https://www.facebook.com/RI.HandsAndVoices/

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FUN IDEAS



Learn more about the museum here.

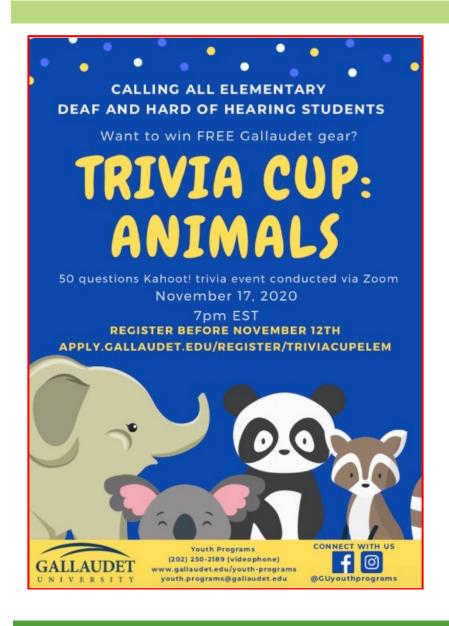
The Discovery Museum is offering a **1-year Discovery** Membership free for *Especially for Me!* families.

Especially for Me! is a program through The Discovery Museum for families of children with hearing loss, autism, sensory needs, and blindness/visual impairment.

The membership admits **up to 6 visitors** to the *Museum* during their regular public hours.

Interested?

- 1. Email membership@discoveryacton.org.
- 2. You'll get an e-mail with registration instructions.
- 3. When your membership is processed, a digital **e-Membership card** will be sent to your mobile phone.





Learn more about *Youth Programs*. https://www.gallaudet.edu/youthprograms/

Register for *Trivia Cup* here: https://apply.gallaudet.edu/register/triviacupelem

PRIMAVERA SKILLET PIZZA

INGREDIENTS

- 2 bell peppers, sliced
- 1/2 head broccoli, chopped
- 1/4 small red onion, thinly sliced
- 1 c. cherry tomatoes
- Extra-virgin olive oil
- Salt
- Freshly ground black pepper
- All-purpose flour, for dusting surface
- 1 lb. pizza dough, at room temperature
- 1 c. Ricotta cheese
- 1 c. Shredded mozzarella



DIRECTIONS

- 1) Heat oven to 400°.
- 2) Mix peppers, broccoli, onion, and cherry tomatoes with olive oil and salt and pepper put on large baking sheet.
- 3) Roast veggies until tender (about 18-20 minutes).
- 4) Remove veggies and increase oven temperature to 500°.
- 5) Brush an **oven-proof** skillet with olive oil.
- 6) Sprinkle flour on your work area. Roll out dough with your hands to the size of your skillet.
- 7) Put dough in the skillet; brush it with olive oil.
- 8) Leave a 1/2" border for crust. Spoon ricotta on dough and sprinkle with mozzarella.
- 9) Put roasted vegetables on dough and drizzle with olive oil.
- 10) Sprinkle crust with salt.
- 11) Bake until crust is crispy and cheese is melted (about 12 minutes).

Makes 2 servings.

Prep Time: 15 minutes Total Time: 45 minutes

Find the recipe here: https://www.delish.com/cooking/recipe-ideas/recipes/a46837/primavera-skillet-pizza-recipe/

DHILS SPECIAL EDITION NEWSLETTERS - PAST ISSUES

Missed a What's Up or Parents Special Edition Newsletter?

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QUESTIONS ABOUT THIS NEWSLETTER?

CONTACT YOUR SKILLS TRAINER WITH ANY QUESTIONS!

Need a website address from your printed newsletter? Contact your staff!

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