COVID-19 UPDATES

REOPENING MASSACHUSETTS

WE ARE STILL IN PHASE THREE: Step 1.

Starting Monday, 9/28/2020:

- Bars will stay closed but restaurants with bars will be able to use that space for food service - following social distancing rules.
- Up to 10 people (up from 6) can sit together at restaurant tables - both inside and outside.

Help/resources for the highest risk communities: Click here.

Click here for more information about Reopening Massachusetts.

CONTINUE TO MASK UP MA!

COVID-19 CARD - MORE LANGUAGES AVAILABLE

Massachusetts Commission for the Deaf and Hard of Hearing's (MCDHH) COVID-19 Card is now available in 8 languages!

Medical Staff (Doctors/nurses, EMT’s, etc.) can:

- communicate illness prevention, treatment and ongoing care
- determine symptoms, severity and timeframe
- learn the patient’s preferred communication method

Deaf or Hard of Hearing Individuals can:

- show their preferred communication method
- communicate symptoms, severity and timeframe
- ask questions about care
- learn where to get current COVID-19 information

Learn more and download the card at: www.mass.gov/service-details/covid-19-card

Updated “Lower Risk States” Map

Click here to view the map larger.
STOP THE SPREAD - EXTENDED TO THE END OF OCTOBER

Continued testing in: Brockton, Chelsea, Everett, Fall River, Framingham, Holyoke, Lawrence, Lynn, Marlborough, Methuen, New Bedford, Randolph, Revere, Salem, Saugus, Springfield, Winthrop, or Worcester

Sick or not sick - everyone is encouraged to get tested.
Click here for where to go for testing and more information.

WHERE ARE CORONAVIRUS CASES IN MASS?

123,720 confirmed and probable cases

9,036 related deaths

Map to the left shows where each of the cases are, by county.

Note: locations of 333 cases are currently unknown.

For more information see: www.boston.com/tag/coronavirus

See what’s happening in other states - here.

SURVEY FOR DEAF

Health Signs Center has a survey for Deaf people in 10 states and wants your experiences and opinions about inclusion efforts during COVID-19.

- Find more information: http://bit.ly/HealthSignASL
- Complete the survey: tinyurl.com/DeafCOVID19Survey
LAST CHANCE - COMPLETE THE 2020 CENSUS!

Fill out your 2020 Census today!
*Contact your Skills Trainer with questions.*

Watch a video (with ASL and captions) [here](#).

TLC wants to make sure the Deaf community is counted! Funding for roads, schools and health services, etc., depends on your Census reply. Click [here](#) to watch a video. Any questions? Email: [census@tlcdeaf.org](mailto:census@tlcdeaf.org)

Fill out your Census:

- **Online:** [2020census.gov](http://2020census.gov)
- **Call:** 844-330-2020
- **Mail** back the form

Census workers may come to your door.

**How do I know it’s not a scam?**

- Census workers will have a Census ID with:
  - The person’s picture
  - U.S. Department of Commerce watermark
  - Expiration date

- **Still not sure?** Call [1-800-991-2520](tel:1-800-991-2520) (New York Regional Center - for New England) and confirm their identity.

- **DON’T** give out your social security, credit card, or bank account numbers!

**AVOID SCAMS**

The U.S. Census will **NEVER** ask you for:

- Your Social Security number.
- Your bank account or credit card numbers.
- Money or donations.

**CIDER FACTS!**

What is the difference between apple **cider** and apple **juice**?

**BOTH** come from raw juice made from pressed apples.

**CIDER**

- **NOT** filtered to remove pulp or sediment
- Can’t see through it
- Goes bad fast (perishable)

**APPLE JUICE**

- Filtered - you *can* see through it
- Pasteurized so it lasts longer
# ASL SPACE TGWS (THANK GOD WE’RE SOBER) MEETINGS*

*ALL MEETINGS EST

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Meeting Details</th>
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</thead>
<tbody>
<tr>
<td>Sun</td>
<td>7pm to 8pm</td>
<td>Dharma Recovery Meeting (Open)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>ID 942 6083 9565; PW 009060</td>
</tr>
<tr>
<td>Mon</td>
<td>12pm to 1pm</td>
<td>All Recovery Meeting (Open)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>ID 627 244 220; PW 010149</td>
</tr>
<tr>
<td>Tue</td>
<td>12pm to 1pm</td>
<td>Al-Anon/Discussion (Open)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>ID 597 893 497; PW 011461 (same ID &amp; PW for all Tuesday)</td>
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<tr>
<td></td>
<td>1st Tuesday</td>
<td>12pm to 1pm</td>
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<tr>
<td></td>
<td></td>
<td>Al-Anon Meeting – Topic</td>
</tr>
<tr>
<td></td>
<td>2nd and 4th</td>
<td>12pm to 1pm</td>
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<tr>
<td></td>
<td>Tuesday</td>
<td>Al-Anon Meeting – Topic (Open)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Every Tuesday 7pm to 8pm</td>
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<tr>
<td></td>
<td></td>
<td>N.A. Meeting (Closed)</td>
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<tr>
<td></td>
<td></td>
<td>ID 188 837 193; PW 003465</td>
</tr>
<tr>
<td>Wed</td>
<td>5:30pm to 6:30pm</td>
<td>A.A. Meeting (Closed)</td>
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<tr>
<td></td>
<td></td>
<td>ID 706 212 294; PW 000556</td>
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<tr>
<td>Thu</td>
<td>1st Thursday</td>
<td>12pm to 1pm</td>
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<tr>
<td></td>
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<td>Sat</td>
<td>7pm - 8pm</td>
<td>12 Step A.A.</td>
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<tr>
<td></td>
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<td>ID: 409 018 780; PW 030655</td>
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</tbody>
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All A.A. and N.A. meetings are for members to share their experience, strength and hope with each other that they may solve their common problem and help others recover from alcoholism and addiction to drugs. *There are open and closed A.A. and N.A. meetings.*

**CLOSED MEETINGS ARE FOR:**
A.A. or N.A members only, or for those who have a desire to stop drinking or using drugs.

**OPEN MEETINGS ARE:**
Available to anyone interested in A.A. or N.A. Non-Alcoholics and addicts may attend as observers.

Please be mindful of this recent update to our TGWS meetings. Love and Hope, RECOVERY IS REAL.
## RESOURCES

### Food

- **Worcester County Food Bank**
  - [Image](#)
- **SNAP**
  - [Image](#)
- **Food Resource Directory**
  - [Image](#)
  - [Online: DTACConnect.com](http://DTACConnect.com)
  - [www.mass.gov/SNAP](http://www.mass.gov/SNAP)

### Healthcare

- **Toll-free: 855-781-9898**
  - VP: 339-224-6831
  - [Email: info@myombudsman.org](mailto:info@myombudsman.org)

### MCDHH Services

- **Deaf Recovery Coaches (M-F)**
  - VP: 413-347-4094
  - Text: 857488.5440
  - [Email: Karran.Larson@mass.gov](mailto:Karran.Larson@mass.gov)
- **MCDHH Case Management (M-F)**
  - VP: 617-326-7546
  - Voice: 617-740-1600
- **Victim Services Program (M-F)**
  - Shannon Silvestri
  - Voice/Text: 857-202-7164
  - [Email: mailto:Shannon.silvestri@mass.gov](mailto:Shannon.silvestri@mass.gov)

### Mental Health & Crisis Services

- **National Suicide Prevention Hotline**
  - 24/7, confidential
  - ASL Users Dial 988!
  - (V) 800-273-TALK (8255)
  - [crisistextline.org](http://crisistextline.org)
  - [kivacenters.org](http://kivacenters.org)
  - [save.org](http://save.org)

### Substance Use Meetings

- For NEW meetings or online recovery events, click [here](#) to make a request through MCDHH’s online system.
- **Want to be added to the email list?**
  - Contact Scott LaSaffre at: [scott.lesaffre@mass.gov](mailto:scott.lesaffre@mass.gov)

### Victims Services

- **Deaf Domestic Violence Victims**
  - ASL Hotline
  - 1-855-812-1001 (Available 24/7)
  - [thef hotline.org](http://thef hotline.org)
- **Our Deaf Survivors Center, Inc.**
  - VP: 978-451-7225
  - Text: 978-473-2678
  - [Email: CBodsc414@gmail.com](mailto:CBodsc414@gmail.com)
- **Pathways for Change**
  - **Deaf Survivors Program**
  - VP: 508-502-7681
  - Text: 774-279-2011
  - [Email: sglover@pathwaysforchange.help](mailto:sglover@pathwaysforchange.help)

### Other

- **TO APPLY for the 1st time:**
  - Email: LIHEAP@wcac.net
  - Text: HEAT (English) to 80123
  - Text: CALOR (Spanish) to 80123
- **COVID-19 Resources in ASL**
  - [Convo Relay](#)
WEBINARS & UPCOMING EVENTS

MSAD VIRTUAL ANNUAL GENERAL MEETING

SATURDAY, SEPTEMBER 26, 2020

ZOOM link – click here.
Meeting ID: 458 765 5196

- 8:45 am ZOOM will open
- 9:00 am Business Meeting (Reports and Bylaws)
- 12 noon Lunch on your own
- 1:00 pm Workshop (details coming soon)
- 2:30 pm Community Chat (2020-2021 plan)

LIVING MARIE FELTIN'S LEGACY DURING COVID-19

THURSDAY, OCTOBER 1, 2020 AT 7:00 PM

Join disability rights activist Bob Kafka for a program and recognition of this year’s Award Winners. CART and ASL interpreters provided.

Register here.

ASL HANGOUT

SATURDAY, OCTOBER 3, 2020
12:30PM - 3:00PM

Olive Garden
7 Tobias Boland way
Worcester, MA

For more information contact:
Robert at fetarobert@gmail.com
Kenny at bettaorange@charter.net

DHILS CONSUMER DEAF CHAT - JOIN US!

TUESDAY, NOVEMBER 10, 2020
1:00 PM - 2:00 PM

Theme: TBA

RSVP to Denise Paro at:
dparo@centerlw.org or 508-556-1600 (VP)

Click here to watch a video about setting up and using Zoom.
VOTING INFORMATION

Massachusetts General (Federal) Election 2020: TUESDAY, NOVEMBER 3RD

- 10/17 - 10/30: Early voting (by mail/in-person)
- 10/24: Voter registration deadline
- 10/28: Absentee (mail-in) ballot request deadline
- 11/3: Return completed ballot deadline (by mail/in-person)

More information: http://revupma.org/wp/

Register to vote online! Click here.

Learn more about Mail In, Absentee and All-Mail Ballots


Introducing #ElectionTips2020!


DHILS SPECIAL EDITION NEWSLETTERS – PAST ISSUES

Missed a What’s Up or Parents Special Edition Newsletter?
Find all issues here on CLW’s website.

Like/Follow CLW on:

Want our newsletters emailed to you? Contact Kim White at: kwhite@centerlw.org

ANY QUESTIONS ABOUT THIS NEWSLETTER?

Need a website address from your printed newsletter? Contact your Skills Trainer!

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<tr>
<th>Name</th>
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</tr>
</thead>
<tbody>
<tr>
<td>Joan Philip</td>
<td>DHILS Director</td>
<td>508-762-1165 (VP)</td>
</tr>
<tr>
<td>Ashley Landis</td>
<td>Deaf Skills Trainer</td>
<td>508-762-1350 (VP)</td>
</tr>
<tr>
<td>Denise Paro</td>
<td>Administrative Assistant</td>
<td>508-556-1600 (VP)</td>
</tr>
<tr>
<td>Ellen Perkins</td>
<td>Hard of Hearing Skills Trainer</td>
<td>508-502-7576 (Voice); 508-762-1354 (VP)</td>
</tr>
<tr>
<td>Joy Spurlin</td>
<td>Assistant Manager/Skills Trainer</td>
<td>508-762-1166 (VP)</td>
</tr>
<tr>
<td>Justina Bailey</td>
<td>Deaf Skills Trainer</td>
<td>508-762-1021 (VP)</td>
</tr>
<tr>
<td>Kim White</td>
<td>Staff Interpreter</td>
<td>508-755-1042 x5042; 508-283-1036 (VP)</td>
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