



Special Edition - *What's Up Newsletter*

www.CenterLW.org

COVID-19 UPDATES

REOPENING MASSACHUSETTS

WE ARE STILL IN *PHASE THREE: Step 1.*

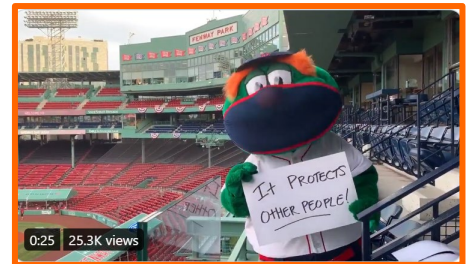
Starting Monday, 9/28/2020:

- Bars will stay **closed** *but*, restaurants with bars will be able to use that space for **food service** - following social distancing rules.
- Up to **10 people** (up from 6) can sit together at restaurant tables - both inside and outside.

Help/resources for the highest risk communities: Click [here](#).

Click [here](#) for more information about *Reopening Massachusetts*.

**CONTINUE TO
MASK UP MA!**



Click [here](#) to watch the video.

COVID-19 CARD - **MORE LANGUAGES AVAILABLE**

Massachusetts Commission for the Deaf and Hard of Hearing's (MCDHH) COVID-19 Card is now available in **8 languages!**

Medical Staff (Doctors/nurses, EMT's, etc.) can:

- communicate illness prevention, treatment and ongoing care
- determine symptoms, severity and timeframe
- learn the patient's preferred communication method

Deaf or Hard of Hearing Individuals can:

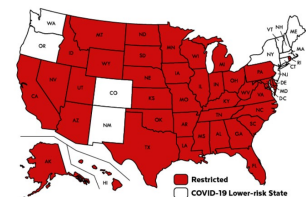
- show their preferred communication method
- communicate symptoms, severity and timeframe
- ask questions about care
- learn where to get current COVID-19 information

Learn more and download the card at:

www.mass.gov/service-details/covid-19-card



Updated "Lower Risk States" Map
Click [here](#) to view the map larger.



STOP THE SPREAD - *EXTENDED TO THE END OF OCTOBER*



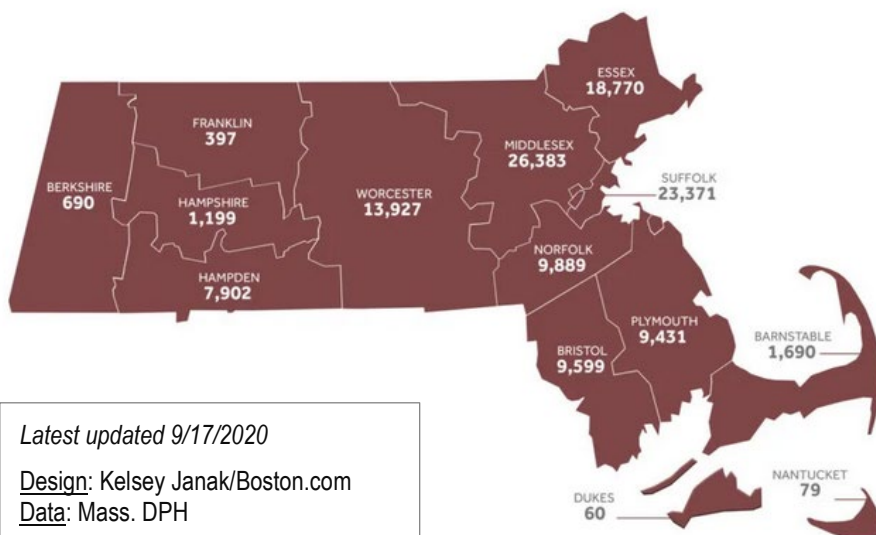
FREE COVID-19
testing.

Continued testing in: Brockton, Chelsea, Everett, Fall River, Framingham, Holyoke, Lawrence, Lynn, Marlborough, Methuen, New Bedford, Randolph, Revere, Salem, Saugus, Springfield, Winthrop, or Worcester

Sick *or* not sick - *everyone is encouraged to get tested.*

Click [here](#) for where to go for testing and more information.

WHERE ARE CORONAVIRUS CASES IN MASS?



123,720 confirmed and probable cases

9,036 related deaths

Map to the left shows where each of the cases are, *by county.*

Note: locations of 333 cases are currently *unknown.*

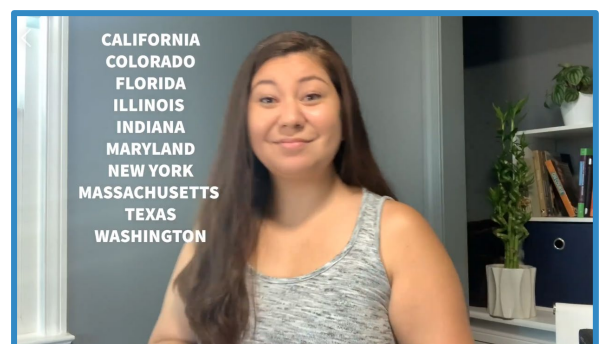
For more information see: www.boston.com/tag/coronavirus

See what's happening in other states - [here](#).

SURVEY FOR DEAF

Health Signs Center has a survey for Deaf people in 10 states and wants your experiences and opinions about inclusion efforts during COVID-19.

- Find more information:
<http://bit.ly/HealthSignASL>
- Complete the survey:
tinyurl.com/DeafCOVID19Survey



LAST CHANCE - COMPLETE THE 2020 CENSUS!



Fill out your 2020 Census today!
Contact your Skills Trainer with questions.

Watch a video (with ASL and captions) [here](#).

**CENSUS ENDS
 SEPTEMBER 30th!**



TLC wants to make sure the Deaf community is counted! Funding for roads, schools and health services, etc., depends on your Census reply. Click [here](#) to watch a video. Any questions? Email: census@tlcdeaf.org

Fill out your Census:

- Online: 2020census.gov
- Call: 844-330-2020
- Mail back the form

Census workers may come to your door.

How do I know it's not a scam?

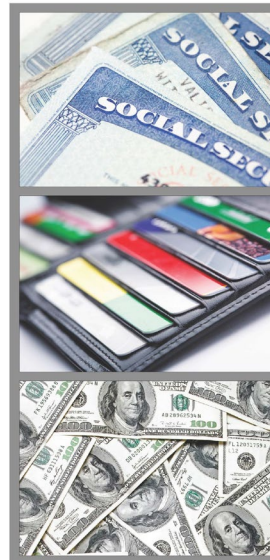
- Census workers will have a Census ID with:
 - The person's picture
 - U.S. Department of Commerce watermark
 - Expiration date



- *Still not sure?* Call 1-800-991-2520 (New York Regional Center - *for New England*) and confirm their identity.
- **DON'T** give out your social security, credit card, or bank account numbers!

AVOID SCAMS

The U.S. Census will **NEVER** ask you for:



Your Social Security number.

Your bank account or credit card numbers.

Money or donations.



William Francis Galvin
 Secretary of the Commonwealth
 Massachusetts 2020 Census Liaison

For more information:
www.ma2020census.org
 1-833-MA1-2020 (1-833-621-2020)
ma2020census@sec.state.ma.us

Scan to read more
 on how census
 affects your
 community.



CIDER FACTS!

What is the difference between apple **cider** and apple **juice**?

BOTH come from raw juice made from pressed apples.

CIDER

- NOT filtered to remove pulp or sediment
- Can't see through it
- Goes bad fast (perishable)

APPLE JUICE

- Filtered - you *can* see through it
- Pasteurized so it lasts longer



ASL SPACE *TGWS* (THANK GOD WE'RE SOBER) MEETINGS*

*ALL MEETINGS EST

<u>SUN</u>	7pm to 8pm DHARMA RECOVERY MEETING (OPEN) ID 942 6083 9565; PW 009060			
<u>MON</u>	12pm to 1pm ALL RECOVERY MEETING (OPEN) ID 627 244 220; PW 010149			
<u>TUE</u>	1st TUESDAY 12pm to 1pm AL-ANON /DISCUSSION (OPEN) ID 597 893 497; PW 011461 (same ID & PW for all Tuesday)	2nd and 4th TUESDAY 12pm to 1pm AL-ANON MEETING – TOPIC	3rd TUESDAY 12pm to 1pm AL-ANON MEETING Meditation reading and Discussion	Every TUESDAY 7pm to 8pm N.A. MEETING (CLOSED) ID 188 837 193; PW 003465
<u>WED</u>	5:30pm to 6:30pm A.A. MEETING (CLOSED) ID 706 212 294; PW 000556			
<u>THU</u>	1st THURSDAY 12pm to 1pm AL-ANON STEP MEETING/ DISCUSSION (OPEN) ID 597 893 497; PW 011461 (same ID & PW for all THURSDAY)	2nd and 4th THURSDAY 12pm to 1pm AL-ANON MEETING – TOPIC (OPEN)	3rd THURSDAY 12pm to 1pm AL-ANON MEETING Meditation/reading and discussion (OPEN)	Every THURSDAY 7pm to 8pm N.A. MEETING (CLOSED) ID 188 837 193; PW 003465
<u>FRI</u>	12pm to 1pm ALL RECOVERY MEETING (OPEN) ID 627 244 220; PW 010149		5:30pm to 6:30pm A.A. MEETING (CLOSED) ID 706 212 294; PW 000556	
<u>SAT</u>	7pm -8 pm 12 STEP A.A. ID: 409 018 780 PW 030655			

All A.A. and N.A. meetings are for members to share their experience, strength and hope with each other that they may solve their common problem and help others recover from alcoholism and addiction to drugs. *There are open and closed A.A. and N.A. meetings.*

CLOSED MEETINGS ARE FOR:

A.A. or N.A members only, or for those who have a desire to stop drinking or using drugs.

OPEN MEETINGS ARE:

Available to anyone interested in A.A. or N.A. Non- Alcoholics and addicts may attend as observers.

Please be mindful of this recent update to our TGWS meetings. Love and Hope, RECOVERY IS REAL.

RESOURCES

Food



Not enough food/money to buy food?
Type in your zip code [here](#) for a list of food banks/pantries near you.



Elder Services of Merrimack Valley
Food Resource Directory during COVID-19.
Click [here](#) to go to the site.



Online: DTAConnect.com
www.mass.gov/SNAP



COVID-19 Public [Resources](#)

Healthcare



Toll-free: 855-781-9898
VP: 339-224-6831
Email: info@myombudsman.org



MassHealth PCA Help Hotline
Voice: 1-844-422-6277

MCDHH Services



Deaf Recovery Coaches (M-F)
VP: 413-347-4094
Text: 857488.5440
Email: Karran.Larson@mass.gov

MCDHH Case Management (M-F)
VP: 617-326-7546
Voice: 617-740-1600

Victim Services Program (M-F)
Shannon Silvestri
Voice/Text: 857-202-7164
Email: mailto:Shannon.silvestri@mass.gov

Mental Health & Crisis Services

CRISIS TEXT LINE |

crisistextline.org



kivacenters.org



save.org

National Suicide Prevention Hotline



24/7, confidential
ASL Users Dial 988!
(V) 800-273-TALK (8255)

Substance Use Meetings



For NEW meetings or online recovery events, click [here](#) to make a request through MCDHH's online system.



Want to be added to the email list?
Contact Scott LaSaffre at: scott.lesaffre@mass.gov

Here are some area websites:

- AA Boston: aaborstion.org
- AA Western MA: westernmassaa.org
- Massachusetts Al-Anon: ma-al-anon-alateen.org
- New England Region of NA: nerna.org



Victims Services



Deaf Domestic Violence Victims
ASL Hotline
1-855-812-1001 (Available 24/7)
thehotline.org



Our Deaf Survivors Center, Inc.
VP: 978-451-7225
Text: 978-473-2678
Email: CBodsc414@gmail.com



Pathways for Change
Deaf Survivors Program
VP: 508-502-7681
Text: 774-279-2011
Email: sglover@pathwaysforchange.help

Other



TO APPLY for the 1st time:

- Email: LIHEAP@wcac.net
- Text: HEAT (English) to 80123
- Text: CALOR (Spanish) to 80123



COVID-19 Resources in ASL
[Convo Relay](#)

WEBINARS & UPCOMING EVENTS

MSAD VIRTUAL ANNUAL GENERAL MEETING

SATURDAY, SEPTEMBER 26, 2020

ZOOM link – click [here](#).
Meeting ID: 458 765 5196

- 8:45 am ZOOM will open
- 9:00 am Business Meeting (Reports and Bylaws)
- 12 noon Lunch on your own
- 1:00 pm Workshop (*details coming soon*)
- 2:30 pm Community Chat (2020-2021 plan)

LIVING MARIE FELTIN'S LEGACY DURING COVID-19

THURSDAY, OCTOBER 1, 2020 AT 7:00 PM

Join disability rights activist Bob Kafka for a program and recognition of this year's Award Winners. **CART** and **ASL** interpreters provided.

Register [here](#).

PLEASE WEAR MASK WITH YOU
FOLLOW POLICY PLEASE

WHEN: Saturday, October 3, 2020
TIME: 12:30 - 3:00 pm.
WHERE: OLIVE GARDEN
7 Tobias Boland Way
Worcester, MA 01607

RESTAURANT COST: \$\$

Open to all deaf / hard of hearing, students and the deaf community as well as ASL and deaf studies students

New Policy: Attendees are expected to purchase food and/or beverage.

DEADLINE: September, 28, 2020 contact either


Robert


Kenny

FOR MORE DETAILS - EMAIL
Robert Kwiatkowski: fetarobert@gmail.com
Kenny Trychon: bettaorange@charter.net

ASL HANGOUT

SATURDAY, OCTOBER 3, 2020**12:30PM - 3:00PM**

Olive Garden
7 Tobias Boland way
Worcester, MA

For more information contact:

Robert at fetarobert@gmail.com

Kenny at bettaorange@charter.net

DHILS CONSUMER DEAF CHAT - JOIN US!

TUESDAY, NOVEMBER 10, 2020**1:00 PM - 2:00 PM***Theme: TBA*

RSVP to Denise Paro at:
dparo@centerlw.org or 508-556-1600 (VP)

Click [here](#) to watch a video about setting up and using Zoom.



VOTING INFORMATION

Massachusetts General (Federal) Election 2020:

TUESDAY, NOVEMBER 3RD

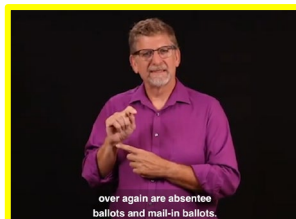
- 10/17 - 10/30: Early voting (by mail/in-person)
- 10/24: Voter registration deadline
- 10/28: Absentee (mail-in) ballot request deadline
- 11/3: Return completed ballot deadline (by mail/in-person)



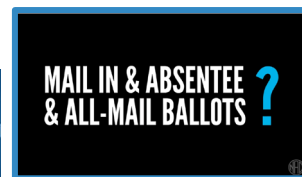
More information: <http://revupma.org/wp/>

Register to vote online! Click [here](#).

Learn more about Mail In, Absentee and All-Mail Ballots



<http://bit.ly/BallotASLVlog>



Introducing #ElectionTips2020!

<http://bit.ly/NADVoteVlog>

DHILS SPECIAL EDITION NEWSLETTERS – PAST ISSUES

Missed a *What's Up* or *Parents Special Edition* Newsletter?

Find all issues [here](#) on CLW's website.

Like/Follow CLW on:



Want our newsletters emailed to you? Contact Kim White at: kwhite@centerlw.org

ANY QUESTIONS ABOUT THIS NEWSLETTER?

Need a website address from your printed newsletter? Contact your Skills Trainer!

Joan Philip	DHILS Director	508-762-1165 (VP)
Ashley Landis	Deaf Skills Trainer	508-762-1350 (VP)
Denise Paro	Administrative Assistant	508-556-1600 (VP)
Ellen Perkins	Hard of Hearing Skills Trainer	508-502-7576 (Voice); 508-762-1354 (VP)
Joy Spurlin	Assistant Manager/Skills Trainer	508-762-1166 (VP)
Justina Bailey	Deaf Skills Trainer	508-762-1021 (VP)
Kim White	Staff Interpreter	508-755-1042 x5042; 508-283-1036 (VP)

