



Special Edition - *What's Up Newsletter*

www.CenterLW.org

COVID-19 UPDATES

RE-OPENING MASSACHUSETTS

WE ARE STILL IN PHASE THREE: Step 1.

Phase One: *Start* ✓

Phase Two: *Cautious* ✓

Phase Three: *Vigilant*

See all information on Phase Three, Step 1 at: www.mass.gov/reopening

COVID-19 cases continue to go down! The Governor and his team are still watching the numbers and will announce when we are ready to take the next step.



Step 1:

- Movie theaters and outdoor show settings
- Museums, cultural/historical sites
- Gyms/Fitness centers
- Indoor fun activities (low contact)
- Professional sports (no fans)

Step 2: TBD

REMEMBER: staying at home is safest!

STAY SAFER-AT-HOME

If you MUST go out:



Stay at least 6 feet apart.



Wear a mask or face covering



Wash hands often.



Clean surfaces touched a lot.



Stay home if you feel sick.

THERE ARE STILL STRICT RULES TO FOLLOW. PAY ATTENTION AND OBEY SIGNS OR STAFF ANYWHERE YOU VISIT.

COVID-19 TESTING AVAILABLE *IN SOME CITIES/TOWNS*



Live in Chelsea, Everett, Fall River, Lawrence, Lowell, Lynn, Marlborough, or New Bedford?

From **July 10 to August 14** FREE COVID-19 testing.

Sick or not sick - everyone encouraged to get tested.

Click [here](#) for where to go for testing and more information.

BUSINESS/WORKPLACE SAFETY COMPLIANCE WEBSITE

Have you seen a business (ex: store, restaurant, gym, movie theater) or workplace *not* following COVID-19 rules (not wearing masks, not cleaning, not social distancing, etc.)? **REPORT IT!**



How do I make a report?

- Report to Public Health Officials (click [here](#) to find your town's phone number)
- Call:
 - Department of Labor Standard (DLS) Hotline - (508) 616-0461, ext. 9488
 - 2-1-1
- Online: click [here](#)
- Email: safepublicworkplace@mass.gov

www.mass.gov/info-details/reopening-covid-19-compliance



REUSABLE BAGS NOW ALLOWED

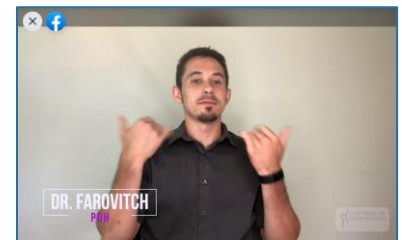
You can now bring and use reusable bags to Massachusetts stores. **Remember to clean/disinfect the bags** (in the washing machine or with disinfectant wipes)!



PARTNERS IN DEAF HEALTH VLOG - *SOCIAL BUBBLE*

Can you socialize with others? Dr. Farovitch is here to tell you the best way to socialize with your friends.

See this and previous VLOGS [here](#).



NEED SUPPORT OR SERVICES?

CLW's office may be closed but we're still here for you!

If you or someone you know wants/needs services, please contact Denise Paro at: dparo@centerlw.org or 508-556-1600 (VP)



COVID-19

CORONAVIRUS DISEASE

BE INFORMED:

Know Your Risk During COVID-19

On a scale of 1 to 10, how risky is...

Ranked by physicians from the TMA COVID-19 Task Force and the TMA Committee on Infectious Diseases



Texas Medical Association | 401 W. 15th St. | Austin, TX 78701-1680

www.texmed.org

[f](#) [t](#) [@texmed](#)

[@wearetma](#)

COMPLETE THE 2020 CENSUS!



The 2020 Census is still happening! Reply online (click [here](#)), or by phone or mail. Contact your Skills Trainer with questions.

Watch a video (with ASL and captions) [here](#).



TLC wants to make sure the Deaf community is counted! Funding for roads, schools and health services, etc., depends on your Census reply. Click [here](#) to watch a video.

Any questions? Email: census@tlcdeaf.org

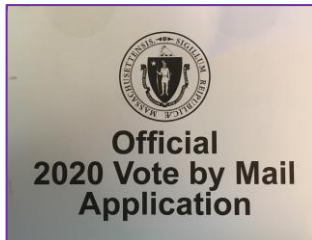
VOTE BY MAIL APPLICATION

Want to vote by mail? Already a registered voter? Check your mail for your *Official Vote by Mail Application*.

Fill out:

- Which elections?
- No declared party? *Pick one.*
- Sign and date!

Not registered yet? Click [here](#).



I WANT TO VOTE!
Massachusetts Official Vote by Mail Application

Voter Information:
Charlie Consumer
1 MAIN STREET
Party: No Party*
Year of Birth: 1956
12BEN1466001

Mail ballot to (if different):

Phone Number: _____

Ballot Requested For:
☐ September 1, 2020 Primary*
☐ November 3, 2020 Election
☐ All 2020 Elections*

***No Party - Choose Your Primary Ballot:**
☐ Democratic
☐ Republican
☐ Green-Rainbow
☐ Libertarian

Signed: _____ **Date:** _____

ILLEGAL VOTING PUNISHABLE UNDER STATE AND FEDERAL LAWS
William Francis Galvin, Secretary of the Commonwealth • Elections Division • One Ashburton Place, Room 1705, Boston, MA 02108

WORCESTER AREA NEWS

GREATER WORCESTER COVID-19 SURVEY



How is COVID-19 affecting your life?

Live in: Worcester, Shrewsbury, Holden, Grafton, Millbury, Leicester and West Boylston? **Answer this survey.**

Your name will not be shared.

CLICK [HERE](#) TO TAKE THE SURVEY

Available in: English, Spanish, Portuguese, Vietnamese, Albanian and Russian.



OUR NEWSLETTER WILL NOW BE EMAILED EVERY 2 WEEKS.



UPCOMING EVENTS

WEBINAR - FACE MASKS AND HEARING LOSS: *PRACTICAL TIPS AND STRATEGIES*

WEDNESDAY, JULY 29TH
10:00 AM - 11:00 AM

Communication is hard with a mask on and social distancing!

Join us to learn tips like:

- Demo: how to wear and take off masks comfortably with hearing aids or cochlear implants.
- Communication tips when wearing a mask.
- Easy/low cost apps and listening devices.



Speaker: Carolyn Ginsburg Stern

Assistant Director of Outreach and Strategic Initiatives



ASL interpreters and CART will be provided.

Presented by:

CLW and Center for Hearing and Communication

Click [HERE](#) to sign up!

NO COMPUTER? RSVP to Denise Paro at: dparo@centerlw.org or 508-556-1600 (VP)

DHILS CONSUMER DEAF CHAT - JOIN US!

TUESDAY, AUGUST 11, 2020 1:00 PM - 2:00 PM

RSVP to Denise Paro at: dparo@centerlw.org or 508-556-1600 (VP)

Click [here](#) to watch a video about setting up and using Zoom.



DISABILITY VISIBILITY PROJECT #ADA30INCOLOR



#ADA30InColor

The *Disability Visibility Project* is publishing a series of essays by disabled people of color reflecting on the past, present, and future of disability rights and justice.

JULY 26TH AT 7:00 PM

Join a panel of #ADA30INCOLOR contributors as they discuss the future of disability and the remaining work to be done post-ADA.

ASL and live captioning will be provided.

To register, click here: [Disability Visibility Project #ADA30INCOLOR](#).

ASL SPACE *TGWS* (THANK GOD WE'RE SOBER) MEETINGS*

*ALL MEETINGS EST

<u>SUN</u>	7pm to 8pm ALL RECOVERY MEETING (OPEN) ID 942 6083 9565; PW 009060			
<u>MON</u>	12pm to 1pm ALL RECOVERY MEETING (OPEN) ID 627 244 220; PW 010149			
<u>TUE</u>	12pm to 1pm AL-ANON /DISCUSSION (OPEN) ID 597 893 497; PW 011461 (same ID & PW for all Tuesday)	<u>2nd and 4th TUE.</u> 12pm to 1pm AL-ANON MEETING – TOPIC	<u>3rd TUESDAY</u> 12pm to 1pm AL-ANON MEETING Meditation reading and Discussion	<u>Every Tuesday</u> 7pm to 8pm N.A. MEETING (CLOSED) ID 188 837 193; PW 003465
<u>WED</u>	5:30pm to 6:30pm A.A. MEETING (CLOSED) ID 706 212 294; PW 000556			
<u>THU</u>	<u>1st THURSDAY</u> 12pm to 1pm AL-ANON STEP MEETING/ DISCUSSION (OPEN) ID 597 893 497; PW 011461 (same ID & PW for all THURSDAY)	<u>2nd and 4th THURSDAY</u> 12pm to 1pm AL-ANON MEETING – TOPIC (OPEN)	<u>3rd THURSDAY</u> 12pm to 1pm AL-ANON MEETING Meditation/reading and discussion (OPEN)	<u>Every THURSDAY</u> 7pm to 8pm N.A. MEETING (CLOSED) ID 188 837 193; PW 003465
<u>FRI</u>	12pm to 1pm ALL RECOVERY MEETING (OPEN) ID 627 244 220; PW 010149		5:30pm to 6:30pm A.A. MEETING (CLOSED) ID 706 212 294; PW 000556	
<u>SAT</u>	Saturday 12 Step 7pm -8 pm A.A. ID: 409 018 780 PW 030655			

All A.A. and N.A. meetings are for members to share their experience, strength and hope with each other that they may solve their common problem and help others recover from alcoholism and addiction to drugs. *There are open and closed A.A. and N.A. meetings.*

CLOSED MEETINGS ARE FOR:

A.A. or N.A members only, or for those who have a desire to stop drinking or using drugs.

OPEN MEETINGS ARE:

Available to anyone interested in A.A. or N.A. Non- Alcoholics and addicts may attend as observers.

RESOURCES

Food



Not enough food/money to buy food?
Type in your zip code [here](#) for a list of food banks/pantries near you.



Elder Services of Merrimack Valley
Food Resource Directory during COVID-19.
Click [here](#) to go to the site.



Online: DTAConnect.com
www.mass.gov/SNAP



COVID-19 Public [Resources](#)

Healthcare



Toll-free: 855-781-9898
VP: 339-224-6831
Email: info@myombudsman.org



MassHealth PCA Help Hotline
Voice: 1-844-422-6277

MCDHH Services



Deaf Recovery Coaches (M-F)
VP: 413-347-4094
Text: 857488.5440
Email: Karran.Larson@mass.gov

MCDHH Case Management (M-F)
VP: 617-326-7546
Voice: 617-740-1600

Victim Services Program (M-F)
Shannon Silvestri
Voice/Text: 857-202-7164
Email: mailto:Shannon.silvestri@mass.gov

Mental Health & Crisis Services

CRISIS TEXT LINE |

crisistextline.org



kivacenters.org



save.org

National Suicide Prevention Hotline



24/7, confidential
ASL Users Dial 988!
(V) 800-273-TALK (8255)

Substance Use Meetings



For NEW meetings or online recovery events, click [here](#) to make a request through MCDHH's online system.



Want to be added to the email list?
Contact Scott LaSaffre at: scott.lesaffre@mass.gov

Here are some area websites:

- AA Boston: aaboston.org
- AA Western MA: westernmassaa.org
- Massachusetts Al-Anon: ma-al-anon-alateen.org
- New England Region of NA: nera.org



Victims Services



Deaf Domestic Violence Victims ASL Hotline
1-855-812-1001 (Available 24/7)
thehotline.org



Our Deaf Survivors Center, Inc.
VP: 978-451-7225
Text: 978-473-2678
Email: CBodsc414@gmail.com



Pathways for Change Deaf Survivors Program
VP: 508-502-7681
Text: 774-279-2011
Email: sglover@pathwaysforchange.help

Other



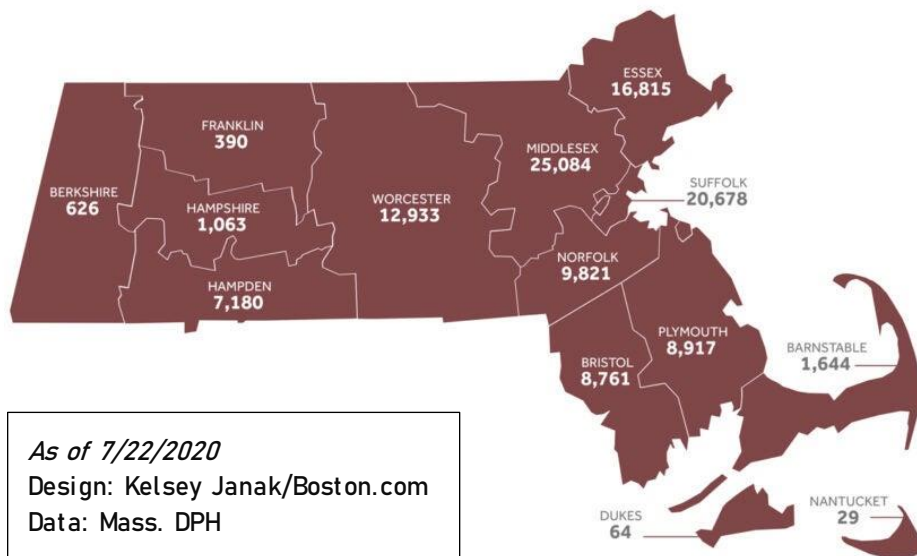
TO APPLY for the 1st time:

- Email: LIHEAP@wcac.net
- Text: HEAT (English) to 80123
- Text: CALOR (Spanish) to 80123



COVID-19 Resources in ASL
[Convo Relay](#)

WHERE ARE CORONAVIRUS CASES IN MASS?



114,320 confirmed and probable cases

8,468 related deaths

Map to the left shows where each of the cases are, *by county*.

Note: locations of 315 cases are currently *unknown*.

For more information see: www.boston.com/tag/coronavirus

See what's happening in other states - [here](#).

DHILS SPECIAL EDITION NEWSLETTERS – PAST ISSUES

Missed a *What's Up* or *Parents Special Edition* Newsletter?

Find all issues [here](#) on CLW's website.

Like/Follow CLW on:



Want our newsletters emailed to you? Contact Kim White at: kwhite@centerlw.org

ANY QUESTIONS ABOUT THIS NEWSLETTER?

Please contact your Skills Trainer!

Joan Philip	DHILS Director	508-762-1165 (VP)
Ashley Landis	Deaf Skills Trainer	508-762-1350 (VP)
Denise Paro	Administrative Assistant	508-556-1600 (VP)
Ellen Perkins	Hard of Hearing Skills Trainer	508-502-7576 (Voice); 508-762-1354 (VP)
Joy Spurlin	Assistant Manager/Skills Trainer	508-762-1166 (VP)
Justina Bailey	Deaf Skills Trainer	508-762-1021 (VP)
Kim White	Staff Interpreter	508-755-1042 x5042; 508-283-1036 (VP)

