Special Edition

Parents Newsletter

Resources for parents and child caregivers

PANDEMIC-EBT PROGRAM

What is P-EBT? Extra money for families to buy food while schools are closed due to COVID-19, if your child(ren):

- Receive free or reduced-price meals OR
- Attend a school where every student gets free meals

Families will get $5.70/child, per closed school day.

You should receive a letter from DTA in May.

No letter by early June, but think your family qualifies?

Call Project Bread's FoodSource Hotline: 800-645-8333

Click here for more information.

DHILS SPECIAL EDITION NEWSLETTERS – PAST ISSUES

Missed a What's Up or Parents Special Edition Newsletter?

Find all issues here on CLW's website.

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ACTIVITIES – THINGS TO DO!

100 Things to Do!
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Girl Scouts at Home
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50 Fun Activities for Kids
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Zoo New England: Kids Corner
Click here.

CRAFT PROJECT

DIY POP-UP CARD

- Card Stock or thick paper
- Colorful construction paper
- White Glue
- Scissors
- Crayons
- Envelope

1. Cut card stock/thick paper to size you want.
2. Fold in half.
3. On folded side (1 inch apart and 1 inch long) make 2 cuts.
4. Fold tab up and crease it.
5. Open card and push cut part inside.
6. Cut color construction paper (the same size or a little bigger than the card stock).
7. Glue card stock to construction paper. **Don’t glue “pop-up” part down.** Let dry.
8. Have your child make and cut out a “pop-up” (flower, heart, etc.).
9. Color card with crayons, markers, or colored pencils.
10. When the card is done, glue “pop-up” in place and let dry.

See more at: https://tinkerlab.com/simple-diy-pop-up-cards-for-creative-kids/
NEW RECIPE TO TRY AT HOME

RASPBERRY ICE CREAM IN A BAG

Ingredients:

- 1 cup half-and-half cream
- 1/2 cup fresh raspberries
- 1/4 cup sugar
- 2 tablespoons evaporated milk
- 1 teaspoon vanilla extract
- 4 cups crushed ice
- 3/4 cup salt

You will also need:

- (2) 1-quart Ziploc plastic bags
- (1) gallon Ziploc plastic freezer bag

Directions:

1. Put first 5 ingredients in 1 small 1-quart bag. Push air out and seal bag.
3. Put BOTH small 1-quart bags in large gallon bag.
4. Add ice and salt to gallon bag. Push air out and seal bag.
5. Shake and knead cream mixture until thickened, about 5 minutes.

Prep/Total Time: 15 min.
Makes: 1 Cup

Cold hands? Wear mittens or wrap bags in a kitchen towel when shaking the bag.

See the recipe at: tasteofhome.com/recipes/raspberry-ice-cream-in-a-bag/

QUESTIONS ABOUT THIS NEWSLETTER?

CONTACT YOUR SKILLS TRAINER WITH ANY QUESTIONS!

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