## Personal Care Attendant (PCA) Program

## Find out if you're eligible

- Are you enrolled in MassHealth Standard, CommonHealth or a OneCare plan?
- Do you require hands-on assistance with at least 2 activities of daily living (such as bathing, toileting, transferring, eating)?
- Do you or an approved appointee want to be in charge of directing your own personal care?

If you answered **YES** to these three questions, you may be eligible for our PCA Program.

Make the next move

Every year Center for Living & Working serves over 2,000 people in Central Massachusetts who need the help of a Personal Care Attendant (PCA) to complete activities of daily independent living.

At Center for Living & Working, we teach each individual how to meet their own personal care needs, how to interview personal care attendants and check references. Hiring and firing of the PCA, establishing a daily care schedule, it's all in the consumer's hands, where the control belongs.



## Center for Living & Working, Inc.

484 Main Street Suite 345 Worcester, MA 01608

centerlw.org

## We're here to help every step of the way.

1 Contact Us

Start by contacting us:

 Toll Free
 1-800-570-4020

 Voice
 508-798-0350

 TTY
 508-755-1003

 Video Phone
 508-762-1164

(2) Request for Referral

Our Information & Referral Specialist will ask you additional screening questions and request a referral from your MD.

3 Intake & Orientation

If your MD agrees with your physical needs for assistance, a staff member will reach out to you to begin the Intake and Orientation Process.

4 Clinical Evaluation

A Clinical Team member will be assigned to come to your home to clinically evaluate your needs for hands-on care.

5 Submission & Approval

We will submit the Clinical Evaluation to MassHealth or your OneCare agency and they will review and approve the number of hours you require assistance.

6 Skills Training

We will provide Skills Training on how to hire a Personal Care Attendant(s) and guide you on self-directing your own care.